

# Unit Test

## UNIT 6 “I’ve got lots of stress.”

### Part 1 Listening Comprehension

#### Section A

**A. Listen to the conversation. Then choose the best answer to complete each sentence.**

1. Eric has a \_\_\_\_\_.  
A. toothache                      B. stomachache                      C. headache
2. Eric went to the \_\_\_\_\_ yesterday.  
A. park                              B. zoo                                  C. beach
3. Eric didn’t \_\_\_\_\_.  
A. drink enough water      B. go swimming                      C. sunbathe
4. Vicky gives Eric some \_\_\_\_\_.  
A. food                              B. money                              C. medicine
5. Vicky usually drinks around \_\_\_\_\_ glasses of water a day.  
A. two                                B. seven                                C. nine

**B. Listen to the conversation. Then choose the best answer to each question below.**

6. Where does Zoe want to go?  
A. To the hospital.              B. To the workplace.              C. To the movie theater.
7. What does William tell Zoe to bring with her?  
A. A telephone.                  B. A thermometer.                  C. Her ID and insurance card.
8. How will they get to their destination?  
A. Zoe will drive William there.  
B. William will drive Zoe there.  
C. They will walk together.

**C. Listen to the conversation. Then choose the best answer to each question below.**

9. How can you buy “Doxy’s 2-in-1”?  
A. You must get a prescription first.  
B. You can buy it from any leading pharmacy.  
C. You can buy it from the hospital.

10. Which is NOT the effect of “Doxy’s 2-in-1” according to the advertisement?  
 A. Making you drowsy.    B. Unblocking your nose.    C. Stopping you coughing.

**Section B**

**Listen to the following sentences and write down what you hear on the lines.**

1. The doctor will \_\_\_\_\_ my X-ray to see if I have a broken bone.
2. Your finger is so \_\_\_\_\_! It’s twice the size of your other fingers.
3. I \_\_\_\_\_ my wrist. It really hurts when I write.
4. Bill has a big black \_\_\_\_\_ on his eye.
5. Joel applied compression to his \_\_\_\_\_ foot.

**Part 2 Vocabulary and Structure**

**Section A**

**A. Fill in the blanks with words from the box.**

alcohol	symptom	cleanse	remedy	dizzy
coughing	thermometer	vitamins	pharmacy	painkillers

1. The rise in inflation was just one \_\_\_\_\_ of the poor state of the economy.
2. There is no simple \_\_\_\_\_ for unemployment.
3. Make sure you understand exactly how to take your medicines before you leave the \_\_\_\_\_.
4. Fresh fruit and vegetables provide fiber and \_\_\_\_\_.
5. Wine contains about 10% \_\_\_\_\_.
6. Her head still hurt, and she felt slightly \_\_\_\_\_ and disoriented.
7. The nurse shook the \_\_\_\_\_ and put it under my armpit.
8. Linda demonstrated the proper way to \_\_\_\_\_ the face.
9. She started \_\_\_\_\_ blood so they transferred me to a hospital.
10. From yesterday, the pain became very serious, even the \_\_\_\_\_ could not help.

## Section B

### Match the words to the definitions.

- |                     |   |
|---------------------|---|
| 1. daily            | A. of drugs and medicines that can be obtained without a prescription                       |
| 2. dosage           | B. a piece of paper on which a doctor writes the details of the medicine that someone needs |
| 3. prescription     | C. every day  |
| 4. side effect      | D. bad effect that a drug has on you  |
| 5. over-the-counter | E. an amount of a medicine that is taken regularly  |

## Section C

### Choose the best answer to complete each sentence.

- Joseph finished \_\_\_\_\_ his homework.  
A. write                      B. to write                      C. writing
- These drugs are available over-the-counter without a(n) \_\_\_\_\_.  
A. infection                      B. dosage                      C. prescription
- Lily would like \_\_\_\_\_ to Germany.  
A. to move                      B. moves                      C. moving
- Headaches are one of the \_\_\_\_\_ of the drug.  
A. alcohol                      B. side effects                      C. vitamins
- Would you mind \_\_\_\_\_ us clean up before you leave?  
A. helping                      B. helper                      C. helps
- I plan \_\_\_\_\_ abroad this winter.  
A. to go                      B. going                      C. goes
- He chose \_\_\_\_\_ the blue jacket.  
A. buying                      B. to buy                      C. buys
- Why do you keep \_\_\_\_\_ him questions?  
A. to ask                      B. ask                      C. asking
- Do you need \_\_\_\_\_ this bus?  
A. to catch                      B. catch                      C. catching
- They avoid \_\_\_\_\_ junk food.  
A. eats                      B. to eat                      C. eating

## Section D

**Complete the passage, using the correct verb form.**

A headache is caused by chemical activity in your brain, 1. \_\_\_\_\_ (or / because / but) the blood and muscles in and around your head. 2. \_\_\_\_\_ (As a result / Therefore / In addition), some people may carry genes that make them more likely to be affected by headaches. There are some things that may 3. \_\_\_\_\_ (treat / examine / cause) you to get a headache. Consuming alcohol, especially red wine, is said to be a common trigger for a headache. Certain food, 4. \_\_\_\_\_ (such / such as / so) processed meat may also cause headaches. Lack of sleep or poor posture could be another cause. Research has 5. \_\_\_\_\_ (show / shown / showing) that skipping meals and being under stress can give people headaches too.

## Part 3 Reading Comprehension

### Task 1

**Read the passage. Choose the best answer.**

#### How to treat a cold

- Drink plenty of water.

When having a fever, drinking lots of water will help you feel better. Don't drink coffee or juice as these will dehydrate you and make you feel worse.

- Eat chicken soup.

Studies show that people who eat chicken soup get better more quickly. It doesn't need to be homemade stuff—shop-bought soup works just as well.

- Gargle with a salt solution.

Rinsing with a simple mixture of salt and water can help relieve a sore and scratchy throat. You can take this several times a day.

- Rest as much as possible.

Stay at home if you can, as this will help to avoid passing your cold to other people. Sleeping at least eight hours a day will help you to recover more quickly.

1. What is the purpose of this passage?

- A. To tell you how to avoid getting a cold.
- B. To help you treat a cold.

- C. To explain what causes a cold.
- D. To explain what causes illnesses in general.

- 2. What should you drink if you have a cold?
  - A. Water.
  - B. Coffee.
  - C. Alcohol.
  - D. Juice.
- 3. What kind of chicken soup is good for a cold?
  - A. Shop-bought.
  - B. The kind your mom makes.
  - C. Homemade or shop-bought.
  - D. The kind with noodles.
- 4. What will salty water help with?
  - A. A sore throat.
  - B. A sore stomach.
  - C. A fever.
  - D. A runny nose.
- 5. According to the passage, why should you stay at home if you have a cold?
  - A. So that you can keep warm.
  - B. So that you can sleep.
  - C. So that you can watch a lot of television.
  - D. So that other people don't get infected.

**Task 2**

**Read the passage. Fill in the blanks with no more than three words.**

Hi Ella,

I'm so sorry to hear that you have influenza! That's so unlucky. Your mom told me that you can't have any visitors for one week, so I thought I'd send you an email. I guess you'll still be online, even though you're sick, right?

I had influenza last year and I remember how horrible it was, so I feel really sorry for you. I had a splitting headache, and I felt hot and cold all the time. I just couldn't get comfortable. I didn't want to eat anything either! Is that how you're feeling?

Well, you missed an English grammar test today, and I suppose you'll be very sorry about that. Don't worry about class work, though; I'll bring you all my notes when you feel better.

Let me know when you're ready for a visitor! I miss you.

Fiona

- 1. Fiona is so \_\_\_\_\_ Ella's got the influenza.

2. Fiona is writing because Ella has influenza and can't \_\_\_\_\_.
3. Fiona had \_\_\_\_\_ last year and felt really bad with it.
4. Fiona has promised to bring Ella notes from classes when Ella \_\_\_\_\_.
5. Fiona wants Ella to tell her when she is ready \_\_\_\_\_.

### Task 3

**Read the passage. Fill in the blanks with no more than three words.**

#### Student health at Greenstone College

We want our students to be healthy so they can make the most of their studies here. Please follow these steps for well-being.

Register with a doctor at the school clinic if you haven't done so. This means that if you do get sick, it will be easy to get an appointment.

Eat healthily. It's possible to eat well without breaking the bank. Please pick up our free cook books for good, cheap recipes.

Take regular exercise. We have lots of sports clubs on campus, so you can enjoy everything from baseball to yoga. Regular exercise is good for you, and means that you are more likely to stay healthy.

Please stay at home if you do get a cold. If you come to class with a cold, you risk infecting other students and college staff.

1. What is the purpose of this passage?  
To help students \_\_\_\_\_.
2. Why should students register with a doctor at the school clinic?  
So they can get \_\_\_\_\_ easily when they get sick.
3. What can students pick up to help them eat healthily?  
They can pick up \_\_\_\_\_.
4. What clubs are there on campus?  
Lots of \_\_\_\_\_—everything from baseball to yoga.
5. What should you do if you do get a cold?  
You should \_\_\_\_\_.