# **Unit Test**

# Unit 6 "I've got lots of stress."

## **Part 1 Listening Comprehension**

## **Section A**

A. Listen to the conversat	tion. Then choose the best a	answer to complete each sentence.
1. Eric has a		
A. toothache	B. stomachache	C. headache
2. Eric went to the	yesterday.	
A. park	B. zoo	C. beach
3. Eric didn't		
A. drink enough water	B. go swimming	C. sunbathe
4. Vicky gives Eric some _	·	
A. food	B. money	C. medicine
5. Vicky usually drinks aro	ound glasses of wa	nter a day.
A. two	B. seven	C. nine
B. Listen to the conversat	ion. Then choose the best a	answer to each question below.
6. Where does Zoe want to	go?	
A. To the hospital.	B. To the workplace.	C. To the movie theater.
7. What does William tell 2	Zoe to bring with her?	
A. A telephone.	B. A thermometer.	C. Her ID and insurance card.
8. How will they get to the	ir destination?	
A. Zoe will drive William	m there.	
B. William will drive Zo	e there.	
C. They will walk togeth	ner.	
		answer to each question below.
9. How can you buy "Doxy		
A. You must get a prescr	ription first.	
B. You can buy it from a	any leading pharmacy.	
C. You can buy it from t	he hospital.	

10. Which is NOT the effect of "Doxy's 2	-in-1" according	to the advertis	ement?	
A. Making you drowsy. B. Unblocki	ng your nose.	C. Stopping y	ou coughing.	
Section B				
Listen to the following sentences and wr	rite down what	you hear on th	ne lines.	
. The doctor will my X-ray to see if I have a broken bone.				
2. Your finger is so! It's t	Your finger is so! It's twice the size of your other fingers.			
3. I my wrist. It really hurts when I write.				
4. Bill has a big black on	his eye.			
5. Joel applied compression to his	foot.			
Part 2 Vocabulary and Structure				
Section A				
A. Fill in the blanks with words from the box.				
alcohol symptom	cleanse	remedy	dizzy	
alcohol symptom coughing thermometer		remedy pharmacy	•	
	vitamins of the po	pharmacy	painkillers	
coughing thermometer  1. The rise in inflation was just one	vitamins of the po	pharmacy oor state of the	painkillers economy.	
1. The rise in inflation was just one  2. There is no simple for uncertainty.	vitamins of the po	pharmacy oor state of the	painkillers economy.	
1. The rise in inflation was just one  2. There is no simple for uncertainty.	vitamins of the position	pharmacy  oor state of the  ar medicines b	painkillers economy.	
coughing thermometer  1. The rise in inflation was just one  2. There is no simple for uncompleated and exactly harmonic for uncomple	vitamins  of the poemployment.  now to take you	pharmacy  oor state of the  ar medicines b	painkillers economy.	
coughing thermometer  1. The rise in inflation was just one  2. There is no simple for uncompared and sure you understand exactly harmonic.  4. Fresh fruit and vegetables provide fiber	vitamins  of the poemployment.  now to take your  ar and	pharmacy  oor state of the  ar medicines b	painkillers economy.	
1. The rise in inflation was just one  2. There is no simple for uncase.  3. Make sure you understand exactly had  4. Fresh fruit and vegetables provide fiber.  5. Wine contains about 10%	vitamins  of the position of the positio	pharmacy  oor state of the  ar medicines b	painkillers economy.	
1. The rise in inflation was just one  2. There is no simple for uncase.  3. Make sure you understand exactly has a sure you will have you will h	vitamins  of the position of the positio	pharmacy  oor state of the  ar medicines b  disoriented.  armpit.	painkillers economy.	
1. The rise in inflation was just one  2. There is no simple for uncase.  3. Make sure you understand exactly has a sure you will have you understand exactly has a sure you understand exactly has	vitamins  of the position of the positio	pharmacy  poor state of the ar medicines but the disoriented.  armpit.  face.	painkillers economy.	

#### **Section B**

## Match the words to the definitions.

daily
 dosage
 a piece of paper on which a doctor writes the details of the medicine that someone needs
 prescription
 every day
 side effect
 bad effect that a drug has on you

5. over-the-counter E. an amount of a medicine that is taken regularly

## **Section C**

## Choose the best answer to complete each sentence.

1. Joseph finished	his homework.	
A. write	B. to write	C. writing
2. These drugs are av	vailable over-the-counter witho	ut a(n)
A. infection	B. dosage	C. prescription
3. Lily would like	to Germany.	
A. to move	B. moves	C. moving
4. Headaches are one	e of the of the drug	g.
A. alcohol	B. side effects	C. vitamins
5. Would you mind _	us clean up before	you leave?
A. helping	B. helper	C. helps
6. I plan	_ abroad this winter.	
A. to go	B. going	C. goes
7. He chose	the blue jacket.	
A. buying	B. to buy	C. buys
8. Why do you keep	him questions?	
A. to ask	B. ask	C. asking
9. Do you need	this bus?	
A. to catch	B. catch	C. catching
10. They avoid	junk food.	
A. eats	B. to eat	C. eating

#### **Section D**

### Complete the passage, using the correct verb form.

A headache is caused by chemical activity in your brain, 1	_(or/because/but)
the blood and muscles in and around your head. 2 (As a res	ult / Therefore / In
addition), some people may carry genes that make them more likely to be aff	fected by headaches
There are some things that may 3 (treat / examine / cause) you	u to get a headache.
Consuming alcohol, especially red wine, is said to be a common trigger for	a headache. Certain
food, 4 (such / such as / so) processed meat may also cause	headaches. Lack of
sleep or poor posture could be another cause. Research has 5	(show / shown /
showing) that skipping meals and being under stress can give people heada	aches too.

## **Part 3 Reading Comprehension**

#### Task 1

## Read the passage. Choose the best answer.

How to treat a cold

• Drink plenty of water.

When having a fever, drinking lots of water will help you feel better. Don't drink coffee or juice as these will dehydrate you and make you feel worse.

• Eat chicken soup.

Studies show that people who eat chicken soup get better more quickly. It doesn't need to be homemade stuff—shop-bought soup works just as well.

• Gargle with a salt solution.

Rinsing with a simple mixture of salt and water can help relieve a sore and scratchy throat. You can take this several times a day.

• Rest as much as possible.

Stay at home if you can, as this will help to avoid passing your cold to other people. Sleeping at least eight hours a day will help you to recover more quickly.

- 1. What is the purpose of this passage?
  - A. To tell you how to avoid getting a cold.
  - B. To help you treat a cold.
  - C. To explain what causes a cold.

D. To explain what causes illnesse	es in general.
2. What should you drink if you have	
A. Water.	B. Coffee.
C. Alcohol.	D. Juice.
3. What kind of chicken soup is good	d for a cold?
A. Shop-bought.	B. The kind your mom makes.
C. Homemade or shop-bought.	D. The kind with noodles.
4. What will salty water help with?	
A. A sore throat.	B. A sore stomach.
C. A fever.	D. A runny nose.
5. According to the passage, why sho	ould you stay at home if you have a cold?
A. So that you can keep warm.	
B. So that you can sleep.	
C. So that you can watch a lot of t	elevision.
D. So that other people don't get i	nfected.
Task 2	
Read the passage. Fill in the blank	s with no more than three words.
Hi Ella,	
I'm so sorry to hear that you ha	we influenza! That's so unlucky. Your mom told me that
you can't have any visitors for one w	eek, so I thought I'd send you an email. I guess you'll still
be online, even though you're sick, r	ight?
I had influenza last year and I re	member how horrible it was, so I feel really sorry for you.
I had a splitting headache, and I felt l	not and cold all the time. I just couldn't get comfortable. I
didn't want to eat anything either! Is	that how you're feeling?
Well, you missed an English gra	ammar test today, and I suppose you'll be very sorry about
that. Don't worry about class work, t	hough; I'll bring you all my notes when you feel better.
Let me know when you're ready for	a visitor! I miss you.
	Fiona
1. Fiona is so Ella's	got the influenza.

2. Fiona is writing because Ella has influenza and can't \_\_\_\_\_.

3. Fiona had \_\_\_\_\_ last year and felt really bad with it.

4.	Fiona has promised to bring Ella notes from classes when Ella
5.	Fiona wants Ella to tell her when she is ready
Ta	isk 3
	ad the passage. Fill in the blanks with no more than three words.
	Student health at Greenstone College
	We want our students to be healthy so they can make the most of their studies here. Please
fol	low these steps for well-being.
	Register with a doctor at the school clinic if you haven't done so. This means that if you
do	get sick, it will be easy to get an appointment.
	Eat healthily. It's possible to eat well without breaking the bank. Please pick up our free
co	ok books for good, cheap recipes.
	Take regular exercise. We have lots of sports clubs on campus, so you can enjoy
ev	erything from baseball to yoga. Regular exercise is good for you, and means that you are
mo	ore likely to stay healthy.
	Please stay at home if you do get a cold. If you come to class with a cold, you risk infecting
otł	ner students and college staff.
1.	What is the purpose of this passage?
	To help students
2.	Why should students register with a doctor at the school clinic?
	So they can get easily when they get sick.
3.	What can students pick up to help them eat healthily?
	They can pick up
4.	What clubs are there on campus?
	Lots ofeverything from baseball to yoga.
5.	What should you do if you do get a cold?
	You should