

Unit Test

Unit 6 “I’ve got lots of stress.”

Part 1 Listening Comprehension

Section A

A. Listen to the conversation. Then choose the best answer to complete each sentence.

1. Eric has a _____.
A. toothache B. stomachache C. headache
2. Eric went to the _____ yesterday.
A. park B. zoo C. beach
3. Eric didn’t _____.
A. drink enough water B. go swimming C. sunbathe
4. Vicky gives Eric some _____.
A. food B. money C. medicine
5. Vicky usually drinks around _____ glasses of water a day.
A. two B. seven C. nine

B. Listen to the conversation. Then choose the best answer to each question below.

6. Where does Zoe want to go?
A. To the hospital. B. To the workplace. C. To the movie theater.
7. What does William tell Zoe to bring with her?
A. A telephone. B. A thermometer. C. Her ID and insurance card.
8. How will they get to their destination?
A. Zoe will drive William there.
B. William will drive Zoe there.
C. They will walk together.

C. Listen to the conversation. Then choose the best answer to each question below.

9. How can you buy “Doxy’s 2-in-1”?
A. You must get a prescription first.
B. You can buy it from any leading pharmacy.
C. You can buy it from the hospital.

10. Which is NOT the effect of “Doxy’s 2-in-1” according to the advertisement?
 A. Making you drowsy. B. Unblocking your nose. C. Stopping you coughing.

Section B

Listen to the following sentences and write down what you hear on the lines.

1. The doctor will _____ my X-ray to see if I have a broken bone.
2. Your finger is so _____! It’s twice the size of your other fingers.
3. I _____ my wrist. It really hurts when I write.
4. Bill has a big black _____ on his eye.
5. Joel applied compression to his _____ foot.

Part 2 Vocabulary and Structure

Section A

A. Fill in the blanks with words from the box.

alcohol	symptom	cleanse	remedy	dizzy
coughing	thermometer	vitamins	pharmacy	painkillers

1. The rise in inflation was just one _____ of the poor state of the economy.
2. There is no simple _____ for unemployment.
3. Make sure you understand exactly how to take your medicines before you leave the _____.
4. Fresh fruit and vegetables provide fiber and _____.
5. Wine contains about 10% _____.
6. Her head still hurt, and she felt slightly _____ and disoriented.
7. The nurse shook the _____ and put it under my armpit.
8. Linda demonstrated the proper way to _____ the face.
9. She started _____ blood so they transferred me to a hospital.
10. From yesterday, the pain became very serious, even the _____ could not help.

Section B

Match the words to the definitions.

- | | |
|---------------------|---|
| 1. daily | A. of drugs and medicines that can be obtained without a prescription |
| 2. dosage | B. a piece of paper on which a doctor writes the details of the medicine that someone needs |
| 3. prescription | C. every day |
| 4. side effect | D. bad effect that a drug has on you |
| 5. over-the-counter | E. an amount of a medicine that is taken regularly |

Section C

Choose the best answer to complete each sentence.

- Joseph finished _____ his homework.
A. write B. to write C. writing
- These drugs are available over-the-counter without a(n) _____.
A. infection B. dosage C. prescription
- Lily would like _____ to Germany.
A. to move B. moves C. moving
- Headaches are one of the _____ of the drug.
A. alcohol B. side effects C. vitamins
- Would you mind _____ us clean up before you leave?
A. helping B. helper C. helps
- I plan _____ abroad this winter.
A. to go B. going C. goes
- He chose _____ the blue jacket.
A. buying B. to buy C. buys
- Why do you keep _____ him questions?
A. to ask B. ask C. asking
- Do you need _____ this bus?
A. to catch B. catch C. catching
- They avoid _____ junk food.
A. eats B. to eat C. eating

Section D

Complete the passage, using the correct verb form.

A headache is caused by chemical activity in your brain, 1. _____ (or / because / but) the blood and muscles in and around your head. 2. _____ (As a result / Therefore / In addition), some people may carry genes that make them more likely to be affected by headaches. There are some things that may 3. _____ (treat / examine / cause) you to get a headache. Consuming alcohol, especially red wine, is said to be a common trigger for a headache. Certain food, 4. _____ (such / such as / so) processed meat may also cause headaches. Lack of sleep or poor posture could be another cause. Research has 5. _____ (show / shown / showing) that skipping meals and being under stress can give people headaches too.

Part 3 Reading Comprehension

Task 1

Read the passage. Choose the best answer.

How to treat a cold

- Drink plenty of water.

When having a fever, drinking lots of water will help you feel better. Don't drink coffee or juice as these will dehydrate you and make you feel worse.

- Eat chicken soup.

Studies show that people who eat chicken soup get better more quickly. It doesn't need to be homemade stuff—shop-bought soup works just as well.

- Gargle with a salt solution.

Rinsing with a simple mixture of salt and water can help relieve a sore and scratchy throat. You can take this several times a day.

- Rest as much as possible.

Stay at home if you can, as this will help to avoid passing your cold to other people. Sleeping at least eight hours a day will help you to recover more quickly.

1. What is the purpose of this passage?

- A. To tell you how to avoid getting a cold.
- B. To help you treat a cold.
- C. To explain what causes a cold.

4. Fiona has promised to bring Ella notes from classes when Ella _____.
5. Fiona wants Ella to tell her when she is ready _____.

Task 3

Read the passage. Fill in the blanks with no more than three words.

Student health at Greenstone College

We want our students to be healthy so they can make the most of their studies here. Please follow these steps for well-being.

Register with a doctor at the school clinic if you haven't done so. This means that if you do get sick, it will be easy to get an appointment.

Eat healthily. It's possible to eat well without breaking the bank. Please pick up our free cook books for good, cheap recipes.

Take regular exercise. We have lots of sports clubs on campus, so you can enjoy everything from baseball to yoga. Regular exercise is good for you, and means that you are more likely to stay healthy.

Please stay at home if you do get a cold. If you come to class with a cold, you risk infecting other students and college staff.

1. What is the purpose of this passage?

To help students _____.

2. Why should students register with a doctor at the school clinic?

So they can get _____ easily when they get sick.

3. What can students pick up to help them eat healthily?

They can pick up _____.

4. What clubs are there on campus?

Lots of _____—everything from baseball to yoga.

5. What should you do if you do get a cold?

You should _____.